



# AKASHA

SPA

## STARTERS

Barbecued Shrimp

Chilli, Mango and Coriander Salsa / 148Kcal / £21

Yellowfin Tuna Tartare

Avocado, Rocket Salad, Lemon Zest, Parsley / 320Kcal / £21

Quinoa Salad

Avocado, Beetroot, Broccoli, Pomegranate and Toasted Pumpkin Seeds / 220Kcal / £22

Burrata Salad

Burrata, Heritage Tomato, Basil Oil, Taggiasca Olives / 360Kcal / £22

## MAINS

Lemon Poached Chicken Buddha Bowl

Seasonal Vegetable Rolls, Sweet Potato, Heritage Beetroot, Chickpeas, Avocado, Edamame, Soy and Miso Dressing / 480Kcal / £26

**Please enquire with a member of the team for vegan options**

Baked Fillet of Farmed Salmon

Mustard - Honey Dressing, with Fennel Salad / 328Kcal / £38

Grill Cornish Seabass

Roasted Vegetables and Salsa Verde / 386Kcal / £40

## DESSERTS

Yoghurt Mousse

Citrus Fruit, Crispy Oats (v) / 228Kcal / £12

Cocoa Espresso Protein Bites

Peanut Butter Ice Cream (v) / 343Kcal / £12

Fruit Salad

Pineapple, Banana, Avocado, Coconut, Chia Seeds (v) / 237Kcal / £12

Seasonal Fruit Plate

Freshly Sliced Seasonal Fruit (vg) / 56Kcal / £12

Ice Cream

Daily Selection of Ice Cream / 270Kcal / £9

**To place your order, please speak with a member of the Akasha team**

(vg) Vegan (v) Vegetarian / Adults need around 2000 Kcal a day



# AKASHA

SPA

## BEVERAGES

### Cold-Pressed Juice

250ml / £8.5

Berry Boost / 43Kcal  
Lean Green / 38Kcal  
Clean Carrot / 100Kcal  
Easy Green / 65Kcal  
Sweet Citrus / 118Kcal  
Super Ginger / 100Kcal

### CBD

250ml / £5

Grapefruit and Mint / 43kcal  
Pomegranate and Ginger / 35kcal  
Elderflower and Hops / 38Kcal

### Ginger Super Shot

60ml / 22Kcal / £5

## CHAMPAGNE

N.V. Veuve Clicquot, Yellow Label, Brut, FRA

Glass 125ml / £24  
Bottle 750ml / £130

Non Alcoholic - Wild Idol Rosé, UK

Glass 125ml / £16  
Bottle 750ml / £85

**To place your order, please speak with a member of the Akasha team.**

(vg) Vegan (v) Vegetarian / Adults need around 2000 Kcal a day